13 NOVEMBER 2026

THE GAPPER GAZETTE

NEWS, NOTES, AND NUGGETS FROM THE GAP YEAR CREW

EVERY 2nd WEEK

THE FINAL CHAPTER

As we move closer to the end of the year, the past two weeks have been filled with meaningful moments, new experiences, personal growth and a few emotional goodbyes. Our students have been making the most of their final days at PNX, with plenty still happening before we officially wrap up the year!

A LOOK BACK: LAST WEEK

Last week was packed with opportunities to learn, grow and step outside our comfort zones.
Our chapel sessions continued with Ofentse taking us through the Book of Acts, while Giovanni led our spiritual input on the letters.

Adventure and fitness remained part of the programme, with quad biking (TBC), our final fitness session with Ianthe Africa, a session with Andre keeping everyone active.
Students also engaged with local government and the upcoming elections, while our life skills sessions brought out some friendly competition through the Ladies vs. Gents Debate Presentations, led by Giovanni.







THIS WEEK: GROWTH, ACHIEVEMENTS & GOODBYES

Our students completed their final scuba diving sessions and, yesterday, proudly received their Open Water Scuba Diving certifications! What an incredible achievement and a wonderful reminder of how much can be accomplished when you are willing to try something new.







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The I AM Presentations also took place over two days. These presentations were filled with honesty, reflection and emotion as students shared more about who they are, what they have discovered about themselves and how much they have grown throughout this season. It was a particularly meaningful experience for everyone involved.

We also have a Radio Tygerberg visit as part of this week's activities, creating another exciting opportunity for our students.







THE CURTAIN CALL

And tonight, we celebrate the Performing Arts students at their Curtain Call Showcase! This marks the final day of their showcase experience, bringing their creativity, hard work and performances together on stage. A special moment to celebrate everything they have worked towards.



SOUTHERN CAPE TRIP

A reminder that our students are heading off on their Southern Cape Trip this Saturday! After a busy season of activities, adventures and learning experiences, this is another opportunity to make memories, enjoy the journey and spend meaningful time together.

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Calendar EVENTS

PNX GAPYEAR

SOUTHERN CAPE TRIP

14 - 18 NOVEMBER 2026 BUNGEE • CAVES • BEACH • GAPPERS

HARTENBOS

THE PLAN.

DAY 1 **DEPARTURE & TRAVEL**
SATURDAY, 14 NOVEMBER
DEPART APPROX. 14:00. 2-3 HOUR DRIVE.

DAY 2 **BEACH & RELAXATION**
SUNDAY, 15 NOVEMBER
SWIMMING, BEACH FUN AND FREE TIME.

DAY 3 **ADVENTURE DAY**
MONDAY, 16 NOVEMBER
BLOUKRANS BUNGEE JUMPING, THEN FREE TIME.

DAY 4 **CANGO CAVES**
TUESDAY, 17 NOVEMBER
CAVES IN OUDTSHOORN, PLUS OPTIONAL ACTIVITIES.

DAY 5 **RETURN JOURNEY**
WEDNESDAY, 18 NOVEMBER
CHECK OUT AND HEAD HOME. ARRIVAL TIME TO BE CONFIRMED.

OPTIONAL ACTIVITIES.

STUDENTS CHOOSE.

01 ZIPLINING
MOSSEL BAY ZIPLINE. APPROX. R900 PER PERSON.

02 OSTRICH FARM
OSTRICH RIDING STILL TO BE CONFIRMED.

GOOD TO KNOW
- BEDDING IS PROVIDED.
- BREAKFAST DAILY, DINNER SUN-TUE AND LUNCH ON TUESDAY.
- SPENDING MONEY FOR EXTRAS.

STAYING AT SUIDERSEE HARTENBOS

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THE GAPPER GAZETTE

RIDDLE ME THIS.

THINK!

You can't pack me in a suitcase, yet you'll carry me for life. You can't buy me, but you made plenty this year. The more you share me, the better I get.

WHAT AM I?

Got it? Send your answer to @PNXGAPYEAR!

@PNXGAPYEAR @PNXGLOBAL.COM

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THE GAPPER GAZETTE

FUN FACT.

216M

WOW!

That's how high the Bloukrans Bridge bungee jump is, the highest commercial bridge bungee in the world.

Right here in the Southern Cape, where our Gappers are heading this November!

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Did You Know?

From today, you have just 8 days.
left as gappers, make every day count, stay focused, and be humble to new experiences.