

# THE GAPPER

NEWS, NOTES, AND NUGGETS  
FROM THE GAP YEAR CREW**GAZETTE**  
EVERY 2<sup>nd</sup> WEEK

## “Everybody Stay Calm... We Know CPR!”

Last week, our students completed First Aid Levels 1, 2, and 3, equipping them with valuable life-saving skills and practical emergency response knowledge. Throughout the week, they learned how to perform CPR, respond to medical emergencies, assist injured individuals, manage various first aid situations, and remain calm under pressure. One of the highlights was the hands-on practical training, where students had the opportunity to apply their skills in realistic scenarios - including learning how to assist with emergency childbirth and safely deliver a baby if required. These are skills that extend far beyond the classroom and have the potential to make a real difference in someone's life. The week concluded with students writing their final assessment on Friday, putting their newly acquired knowledge and skills to the test. We are incredibly proud of the dedication, focus, and enthusiasm our students showed throughout the training.



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# From Career Exploration to Real-World Experience

## INTERNSHIP MONTH

This week marked the beginning of our students' internship and job-shadowing month. Over the past six months, students have participated in extensive career exposure opportunities, including visits to universities, colleges, institutions, businesses, and various industries. These experiences helped them explore different career paths, ask important questions, and gain a better understanding of their future possibilities.

Now comes the exciting part - putting all that research and exposure into practice. During their internships, students have the opportunity to step into real workplaces, experience the day-to-day responsibilities of different careers, and discover whether a particular field is the right fit for them. For some, this may confirm a career choice, while for others, it may open the door to new possibilities.

Starting something new can be challenging, and stepping into a professional environment often requires courage, confidence, and adaptability. We are incredibly proud of every student for embracing this opportunity and taking the next step in their personal and professional growth. Although we are only halfway through the year, we have already seen tremendous growth, maturity, and determination from this group.

**To all our students: keep showing up, keep learning, and keep asking questions. You've got this! We cannot wait to see what the rest of this internship journey holds for you.**



**"The future depends on what you do today."**

~ Mahatma Gandhi

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# GAZETTE

EVERY 2<sup>nd</sup> WEEK

## PNX GAP YEAR

FIRST AID TRAINING: LEVEL 1, 2, 3

SPOT THE DIFFERENCES



We know ... or we will

Q W U A A P R E S P O N S E N I W U  
 B A N D A G E M G A P Y E A R U F T  
 O M S I N T E R N S H I P T R R U R  
 A C R J C A J L U T Y X Y T A E R E  
 E M E R G E N C Y W K O N J I C G A  
 R P Y N Y F U T U R E N Y J D O X T  
 E E T O W O R K P L A C E I M V Y M  
 S J T A P P L Y A A F Y M X J E V E  
 C C P R F S P W K A E W A N K R L N  
 U J A J O U R N E Y P G J A F Y M T  
 E A C H M S H A D O W I N G E N U W  
 S H I G H F S A F E T Y I G P V J J

Find the following words in the puzzle. Words are hidden → and ↓ and ↘

- \* INTERNSHIP
- \* EMERGENCY
- \* TREATMENT
- \* SHADOWING
- \* WORKPLACE
- \* RECOVERY
- \* RESPONSE
- \* BANDAGE
- \* JOURNEY
- \* GAPYEAR
- \* RESCUE
- \* SAFETY
- \* FUTURE
- \* APPLY
- \* CPR
- \* AID

# Calendar

## EVENTS

### UPCOMING "REMINDERS"

- JUNE**
- 1<sup>st</sup> - Internship STARTS
  - 16<sup>th</sup> - Youth Day
  - 26<sup>th</sup> - Holiday STARTS
- JULY**
- 19<sup>th</sup> - Holiday ENDS
  - 6<sup>th</sup> - Ianthe Birthday
  - 8<sup>th</sup> - Michelle Birthday
  - 20<sup>th</sup> - Ruben Birthday



By Ali Shutler  
29th May 2026

# News

## CORNER

'Grand Theft Auto' boss explains 13-year wait for 'GTA 6'

**Grand Theft Auto 6 is set to launch November 19, more than 13 years since Grand Theft Auto 5 was released for the PlayStation 3 and Xbox 360.**

[Click here to read more!](#)

# NME



# Did You Know?

From today, you have just **169 days** left as gappers, make every day count, stay focused, and be humble to new experiences.