

THE GAPPER

GAZETTE

EVERY 2nd WEEK

9th - 20th of FEBRUARY

Students settled into their weekly **routine**, focusing on Hobbies/skills and staying active with fitness sessions. They began understanding the structure of the programme and growing in **confidence**. An institution also visited to share study **opportunities**, and midweek the group enjoyed exploring Cape Town with **The Red Bus Tour!**



WHO ARE YOU?

CAREER DIRECT WITH DR MARIO



The week was dedicated to **Career Direct**, facilitated by **Dr. Mario Denton**. After completing personality assessments beforehand, each student received a detailed, printed report and had one-on-one sessions to unpack their results. These sessions focused on understanding their **personality traits, strengths**, and possible career directions. The **goal** was not necessarily to have every student leave with a fixed decision, but rather to provide clarity, direction, and **self-awareness**. This insight will guide them throughout the year, especially during **job shadowing opportunities and future planning**, helping them make informed decisions aligned with who they are.



COOK-OFF

CAREER FOCUS: HOSPITALITY

Last week was centred around **Hospitality** as part of our career focus. Students participated in a hands-on cooking week where they learned about **nutrition**, balanced **meals**, and what a healthy plate should look like. Our in-house **chef** guided them through practical **culinary** skills ; from how to properly chop an onion to understanding different types of knives and safe food preparation **techniques**. It was a highly interactive and informative week that equipped them with valuable life skills. Midweek, the students enjoyed some high-energy fun with a **go-karting outing**, where they raced one another and strengthened friendships outside the classroom environment.

THE GAPPER

NEWS, NOTES, AND NUGGETS FROM THE GAP YEAR CREW

GAZETTE

EVERY 2nd WEEK



SPOT THE DIFFERENCE

C A R E E R D I R E C T X P N
 A D V E N T U R E Q Q G L O B A
 L I F E S K I L L S Z Y T R E
 G I O V A N N I H J K L M N O
 P N X G L O B A L A B C D E F
 P U R P O S E R T Y U I O P A
 L E A D E R S H I P B N M Q W
 C O M M U N I T Y S D F G H J
 Z X C V B N M A S D F G H J K
 Q W E R T Y U I O P L K J H G
 T Y U I O P A S D F G H J K L
 M N B V C X Z A S D F G H J K
 R E T Y U I O P A S D F G H J
 H J K L Z X C V B N M A S D F
 S D F G H J K L Q W E R T Y U

WORD LIST

SUPER EASY

ADVENTURE
 LIFE SKILLS
 CAREER DIRECT
 GIOVANNI
 PNGLOBAL
 PURPOSE
 LEADERSHIP
 COMMUNITY

CALENDAR EVENTS:

UPCOMING "REMINDERS"

FEBRUARY

27th - Corne Birthday

MARCH

12th - BOSS MAN (Gio) Birthday

15th - Cois Birthday

16th - Cara-Jane Birthday

21st - First Year Production

29th - Josh Birthday

DID YOU KNOW?

From today, you have just **268 days** left as gappers, make every day count, stay focused, and be humble to new experiences.

CREATIVE CORNER



'Bridgerton' season four to feature orchestral covers of Charli XCX, Billie Eilish and more

Luke Thompson and Yerin Ha in 'Bridgerton' season 4
 CREDIT: Netflix

[Click here to read more!](#)

NME

